

South Boulder Recreation Center Lap Pool



The South Boulder Recreation Center will be closed on Memorial Day, Monday May 26th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim 6:00-3:45	BAM 6:00-7:00	Lap Swim 6:00-3:45	BAM 6:00-7:00			
6:30am		*2 lanes		*2 lanes	8:0 S 10: *2 5/1 6:00-3:45		
7:00am		Lap Swim 7:00-12:30		Lap Swim 7:00-12:30 H₂O Fitness 12:30-1:30			
7:30am							
8:00am						Law Outine	
8:30am							
9:00am						Lap Swim 8:00-10:30	Lap Swim 8:00-10:30
9:30am						0.00 10.00	0.00 10.00
10:00am							
10:30am						Scuba 10:30-1:30 *2 lanes 5/17 & 5/31	Scuba 10:30-1:30 *2 lanes
11:00am							
11:30am							
12:00pm							
12:30pm		H₂O Fitness 12:30-1:30 *3 lanes				only	5/18 only
1:00pm				*3 lanes			
1:30pm		Lap Swim 1:30-3:45		Lap Swim 1:30-3:45			Lifeguard
2:00pm							Training
2:30pm						Open Swim 1:30-4:30	1:30-4:0
3:00pm						*2 lanes	*0 lanes 5/18 only
3:30pm							o, io omy
4:00pm	FHS 3:45-5:45 *0 lanes	FHS 3:45-5:45 *0 lanes	FHS 3:45-5:45 *0 lanes	FHS 3:45-5:45 *0 lanes			Lap Swim
4:30pm							
5:00pm							
5:30pm	Synchro 5:45-8:30 *1 lane		*1 lane				
6:00pm		BAM 6:00-7:00		BAM 6:00-7:00 *1 lane			
6:30pm		*1 lane					
7:00pm		Water Polo 7:00-8:00		Water Polo 7:00-8:00			
7:30pm		*2 lanes		*2 lanes			
8:00pm		Lap Swim		Lap Swim			
8:30pm	Lap Swim	8:00-9:00	Lap Swim	8:00-9:00			
9:00pm							

^{*}Indicates # of lap lanes available to public for lap swimming